## SIMON FRASER UNIVERSITY

 MEMORANDUMNEW COURSE PROPOSAL - EDUCATION 459-4 - INSTRUCTIONAL ACTIVITIES IN ELEMENTARY SCHOOL PHYSICAL EDUCATION

From SENATE COMMITTEE ON UNDERGRADUATE STUDIES

Date APRIL 18, 1973

MOTION: "That Senate approve, as set forth in S.73-54, the new course proposal - Education 459-4 -

Instructional Activities in Elementary
School Physical Education."

MEMORANDUM


On the recommendation of the Faculty of Education, the Senate Committee on Undergraduate Studies has approved the new course proposal for Education 459-4 Instructional Activities in Elementary School Physical Education, as set forth in paper SCUS 73-11, and forwards it to Senate for its consideration.

This submission contains the following information:
(a) Course proposal; and
(b) Course syllabus.

This course is one of two required physical education courses in the minor program in Elementary School Physical Education, a proposal for which is also being presented. It is designed to complement the already existing course entitled Design for Learning - Physical Education, and deals with the practical application of the theoretical knowledge acquired in that course. It has, in the past, been offered as a special topics course and will be offered on that basis during the current semester. It is submitted as a formal course in order to regularize the offering of this course and to complete the minor in elementary school physical education. Resources previously allocated to the offering of this course as a special topics course will continue to be used for this purpose.

I. Mugridge

SIMON TRTRASER UNIVERSITY (as updated March 15, 1973)
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FACULTY OF EDUCATION
From
UNDERGRADUATE PROGRAMS COMMITTEE

Subject
NEW COURSE PROPOSAL
Dale FEBRUARY 19, 1973

MOTION:
That the Course Education 459-4 - Instructional Activities
in Elementary School Physical Education, as described in
paper FE 73-11 be approved.

## FACULTY OF EDUCATION

## New Course Proposal

## 1. CALENDAR INFORMATION



Title: Instructional Activities in Elementary School Physical Education
Sub-title or Description: The main instructional activities of an elementary school physical education program ( $\mathrm{K}-7$ ). Emphasis is given to the movement analysis of a variety of activities and to approaches to teaching these activities to primary and intermediate school age children.

Credit Hours: 4
Pre-Requisite(s): Education 402
Vector Description: (2-0-2)
2. ENROLMENT AND SCHEDULING

Estimated Enrolment: 30
Semester Offered: Summer
When will course first be offered? Summer semester
A similar course (PDS 441-4) has been offered for three years. This course was eliminated during the Faculty of Education's course reorganization.
3. JUSTIFICATION
A. Detailed Description:

This course deals with the main instructional activities of an elementary school physical education program ( $K-7$ ). Emphasis is given to the movement analysis of a variety of activities and to various approaches to teaching these activities to primary and intermediate school age children.

## 3. SUSTIFICATION (COAE ${ }^{\circ}$ )

B. What is the range of ropsen that mey be deast with sa the course?

1. Gymarice - Tradictonal and educactonal gymasilce
2. Dance $\quad$ Tradiclomel and creative
3. Games - Low organiarion, individual and teamo plus creative games.
4. howemenc aklly relackag to perceprral-moror, phyelcal developners and ocher remedrel prograns.
C. Fow doen chis course fic the goole of the program?

This course ts one of two regulred Physical Educarton coursas in the Minor Progxam. Dealgns for learning - "Physical Educatlon" deala wich the plamang, oxganizing and evaluacing aspects of the Phyoical Educacion program. "Instruceional Activicies" deals with the pracetcal aspect of Physical Education.
D. FHow doea this course afrect degree raçuremerse?

This course 18 part of the educarion Minor for the B.Ed. Degree.
E. Whas are the calendas changes necessary to reflect the adddiston of this courses

The calendar descripelon provided in this proposal is essentially the same as deacribed in previous colendar issues. Inserted changes reflecte the conccmporasy changes and emphasis of Element-

F. Fhat course, 18 any, 80 bokng dropped from the calendar if thil course so approved?

N1.
Go Khat in the mesurs of oevdenc downd for this coures?
Each year, $24=30$ arudenco will nroll In shl courne. (Limited by the availabilisy of Eeculeq.)

The course would ba assarod co gomeral obudanio with 0 change in concenc and exproodo.

## 4. BUDGETARY AND SPACE RACTORS

A. Which faculty will be avallable to teach this course?
coordinator, Dr。G. Kirchner, Professor Faculty, Miss E. Warrell, Assist. Professor, four Faculy Associates (for a percentage of time in this program).
B. What are the special space and/or equipment requirements for this course?

At present, the mini-gymnasium located in the Administration Building is used for this program. New plans for a teaching lab. gymasium has been submitied to the Building Committee of the Faculty of Educacion.
C. Any other budgetary implications of mounting this course: Nil.

## APPROVAL

|  | Date | Signature |  |
| :---: | :---: | :---: | :---: |
| Undergraduate Programs Comattee | Feb. 19 | M. S. O'Con | 13 n |
| Faculty | Feb. 23 | D. R. Birch |  |
| SCUS |  |  |  |
| Senate |  |  |  |

Course Syllabus<br>for<br>Educarion 459-4<br>Instructional Activities in<br>Physical Education<br>Vector (2-8-2)

1. General Description

This course includes an analysis of the basic physical activities that are taught to primary and intermediate school age children.
2. Method of Presentation

2 hours lecture
2 hours lab
3. Major topics
(1) Nature and analysis of movement

- Basic mechanics of movement
- Fundamental movement skills
- Laban's analysis and principles of movement
- Physical development and movement
(2) Teaching Game Activities
- Structure and analysis
- Low-organization, individual and dual activities
- Team and individual sports
- Creative games
(3) Teaching Dance Activities
- Structure and analysis
- Traditional and contemporary dances
- Creative dances activities
(4) Teaching Gymnastic Activities
- Structure and analysis
- Traditional gymnastic activities
-     - Plovement education
(5) Remedial Activities
- Perceptual motor activities
- Posture and physical fitness
(6) Recreational Activities
- Intramural activities
- Extra-class activities
(7) Evaluative Methods and Techniques
- Individual assessments
- program assessments

4. Student Evaluation

Student evaluation in this course will include essays, projects and special assignments (book reviews, class presentations etc.)
5. Bibliography

In addition to the fourteen standard textbooks that are available in every elementary school in the province (under Issue E), the following references will be used in this course.

Siedentrop, D. Physical Education: Introductory Analysis, Dubuqeu, W.M.C.Brown, 1972.

Methenf, E. Movement and Meaning, New York, McGraw-Hill, 1968.
Willgoose, C.E. Evaluation of Health and Physical Education, EnglewoodCliffs, Prentice-Hall, 1969.

Cratty, B. Movement Behavior and Motor Learning, Philadelphia, Lea and-Febijner, 1967.

Wells, K.F. Kinesiology The Scientific Basis of Human Motion, 5th ed., Philadelphia, W.B. Saunders, 1971. -

Logan, G.A. Adapted Physical Education, Dubuqến, W.M.C. Brown, 1972.

